

## What to Pack for Camp

### Essential Clothing Items

*Campers will need clothing for 6 Days*

*An extra set of clothing is always useful!*

- Raincoat/ Poncho or Rain Gear
- Underwear and socks
- Short sleeved shirts
- Shorts
- Long pants or jeans
- Long sleeved t-shirt
- Sweatshirt for cooler weather
- Pajamas
- Hat
- Swimsuit(s) appropriate for camp
- At least 1 pair of closed toed shoes (sneakers, boots)
- 1 pair of sandals with backstrap for getting wet or closed-toed water shoes

### Optional Items

- Bible
- Sunglasses
- Goggles for pool/lake
- Inexpensive or disposable camera
- Paper, pen, pencil, stamps, pre-addressed envelopes
- Guitar or another musical instrument (especially MUSIC campers!)

### Things To Leave At Home

- Electronic items: Apple Watch, Cellphone, digital music players, e-readers, etc....
- Food, snacks, or candy
- Alcohol, drugs, tobacco products, e-cigarettes, firearms, and fireworks
- Expensive items, sentimental items
- Clothes that you wouldn't want to get dirty
- Extra spending money, wallets, purses
- Anything that would cause upset if it were lost, broken, or got dirty

### Other "Must Have" Items

- Small backpack
- Twin bedding (pillow and sleeping bag or sheets and blanket)
- Laundry bag for dirty clothes
- Flashlight and extra batteries
- Insect Repellent
- Sunscreen
- Water bottle
- Any medications you are taking (will be turned in to Health Center Staff)
- Hand sanitizer

### Toiletries

- Toothbrush and Toothpaste
- Shampoo and Conditioner
- Soap in a container/body wash
- Something to carry toiletries in
- Bath towel and washcloth
- Beach towel to use at pool or lake
- Deodorant
- Comb and/or brush
- Flip flops for the shower
- Menstrual necessities

### Adventure Trek Extra Items

- Please make sure you have a sleeping bag even if you brought sheets
- Canoe dry bag (optional)
- Personal tent/hammock (optional for those that already have one they love)

**Note:** Drugs, Alcohol, Tobacco Products, and E-Cigarettes are prohibited by the Camp Board. Anyone found possessing these substances will be asked to leave the program without refund. Those with illegal substances are liable under the penalties of the law. Weapons, especially guns or firearms of any kind, are not allowed.