

Passport to Education Workshops

Everyone (E) – presentation appropriate for both adults and students

Youth (Y) – presentation geared towards students/youth

Adult (A) - presentation geared towards adults

Protecting LGBTQ Youth in State Care (ADULT)

This workshop targets staff and providers serving youth that are in state custody either through the foster care system or through juvenile detention. In addition to helping staff to understand sexuality, this workshop also addresses the risks that LGBTQ youth often face when they are in care including physical, mental and social health issues. The workshop also discusses the legal rights of the youth and provides strategies to create a safer space for LGBTQ youth in state care.

Presenter: Ashley Chiappano, Safe Schools & Community Education Manager, Garden State Equality

Passport to Adulthood: Understanding Challenges and Supporting an Adolescent in Care (ADULT)

Adolescents are expected to handle an incredible amount of responsibility when they transition to adulthood. Have you ever thought about the unique challenges that adolescents in care face as they make this transition? If so, then this one-hour workshop is for you! We will discuss issues that arise for adolescents in care as they relate to education, employment, housing stability, culture and community life, transportation, health care and life skills. This workshop will not only get you thinking about challenges that you may not have considered, but will also offer strategies to help you support and mentor the adolescent in your care right now to best position them for future success.

Presenter: Raina Graham, Community Educator, embrella

Financial Aid 101 with the Higher Education Assistance Authority (HESAA) (EVERYONE)

The Higher Education Student Assistance Authority is the only New Jersey state agency with the sole mission of providing students and families with financial and informational resources for students to pursue their education beyond high school. This course will provide an overview of the financial aid process and answer questions about grants, scholarships, and loans offered by the State of New Jersey; key information and requirements on filing the FAFSA will be covered.

Presenter: Jamillah Barker, Client Services Representative, Higher Education Student Assistance Authority

Fostering Success: Navigating the New Jersey Foster Care Scholars Program (EVERYONE)

There are many barriers for foster youth in attending and graduating college. However, paying for college should not be one of them. The NJFC Scholars Program provides funding for eligible youth who experienced time in a Child Protection & Permanency (CP&P) out-of-home placement or independent living arrangement, or transitional living program, who are seeking a post-secondary degree at an accredited two-year or four-year college/university, or career/technical school. This course will guide you through the ins and outs of the NJFC Scholars Program, provide some key steps in preparing for college, and provide resources that can help you along the way.

Presenter: embrella's Scholarship Department

You're Hired! Navigating the Job Search Process (YOUTH)

This employment-focused workshop will prepare adolescents for the job search process, specifically in how to apply for positions, resume and cover letter must-have's, how to prepare for an interview, dress for an interview, how to network and how to communicate effectively with potential employers. This workshop will provide an overview of the process from start-to-finish with tips and tricks along the way, resources to use after the workshop and opportunities for participants to engage with one another and to ask questions. Consider this your quick one-stop-shop to help you on your career path.

Presenter: umbrella's PACES Coaches

Don't Let the Stress Bubble Up (EVERYONE)

This workshop will help participants learn to understand how too much stress can negatively affect health, and gain tips on healthy stress management techniques to help you cope positively and be resilient during stressful times.

Presenter: umbrella's Community Education Department

Dollars & Sense: Financial Literacy 101 (YOUTH)

College will likely give you your first taste of independence – living on your own, opening up your first bank account, or getting your first loan. When young people understand how to manage money, they are equipped with a skill that is key to making their dreams a reality -- and bringing reality to their dreams. This interactive session will provide youth with information on how to establish a healthy credit history that will set them up for a lifetime of good financial options and benefits.

Presenter: Stephanie Ahenkora, Assistant Vice President, Regional Communications Wells Fargo Bank

Raising Resilient Teens in Challenging Times (ADULT)

This workshop will educate parents, caregivers, and program staff on the warning signs of suicide, dispel myths, and encourages adults to speak to youth about suicide prevention. This presentation is from the Evidence-based *Lifelines: Suicide Prevention* program. Participants will also learn techniques on how to talk to teens about difficult topics and cultivate an independent and resilient mindset for youth in their care.

Presenter: Society for the Prevention of Teen Suicide